



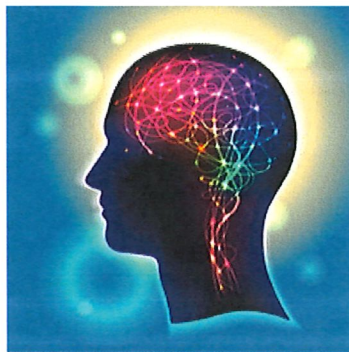
Available in-person or online

HOPE IS DOPE



PROFESSIONAL SERIES

Based on the book Hope is Dope: Achieving Chemical Balance by author and licensed professional counselor Steve Treu, this eye-opening class details how substance misuse changes brain chemistry and how to effectively heal these changes using the latest neuroscience on optimizing brain health.



TO REGISTER:

visit bc3.edu/hope

CEU credits available

Topics include:

- Regulating endorphins and dopamine
- Beliefs, Habits, & Neuroplasticity
- Spirituality & Recovery

DATES: TUESDAYS
SEPTEMBER 2 - 16

TIME: 2:00 P.M. - 4:00 P.M.

LOCATION:
BC3 MAIN CAMPUS
ROOM BH 186
OR ONLINE



Helping you to empower those in recovery.

For more information email kenneth.clowes@bc3.edu